ACTIVITY REPORT

"Yoga Camp"

21st June 2023



Submitted to The Principal, Shri Vile Parle Kelavani Mandal's

INSTITUTE OF PHARMACY, DHULE

Behind Gurudwara, Mumbai-Agra Highway, Dhule (MS)



Shri Vile Parle Kelavani Mandal's

INSTITUTE OF PHARMACY, DHULE

Approved by PCI, AICTE, DTE; Affiliated to DBATU, Lonere & MSBTE, Mumbai Vision: To pursue excellence in pharmaceutical education and research to develop competent professionals.

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Academic Year 2022 - 2023

ACTIVITY REPORT

"Yoga Camp"

Duration of Program	: 01 Day (Morning Session)
	Guest Speaker: Yog Guru Mr. Jayant Vibhandik (M.A. Yoga) Member of YogVidhya Dhaam, Dhule.
	occasion that highlighted the transformative power of yoga in promoting peace, compassion, and understanding among people across the globe. The Yoga Day session started at 10:15 am with Prayer, and systematic practice of different ASANAS of standing, sitting and laying positions smoothly changing in succession under the instructions of the Yoga teacher and supervision of trained Volunteers. During the session of "Yogabhyas", the Yoga teacher also narrated the usefulness of different "Asanas", Pranayam, and Yogmudra as a precautionary measure, in curing many Diseases and the usefulness of Yoga in the overall well-being of a human being. The "YOGABHYAS" lasted an hour and ended at 11:30 am with a "Sanskrit Shloka.
Brief report on activity	SVKM's, Institute of Pharmacy, Dhule Celebrated International Yoga Day with the theme "Vasudhaiva Kutumbhakam," meaning "the world is one family." The event commenced at 10:00 AM and continued until 11:30 AM. The session was arranged for Staff and Students. The activities aimed to promote physical, mental, and spiritual well-being while fostering a sense of interconnectedness and solidarity among all individuals, transcending borders, and assuming the world as a harmonious and inclusive family. It was a momentous
Co-ordinator	: Dr. Kiran Patil
Venue	: SVKM's Campus, Dhule
Time	: 10 to 11:30 am
Day & Date	: 21st June 2023
Number of Participants	: 50
Participation	Students, Teachers, Staff members and Local Residents from Samata Nagar & Mohadi
Organizer	: SVKM'S Institute of Pharmacy, Dhule
Objective	To introduce and inspire students to encirclement yoga as a holistic practice that promotes physical health, mental wellbeing, and fosters a sense of global unity through the theme "Vasudhaiva Kutumbhakam."



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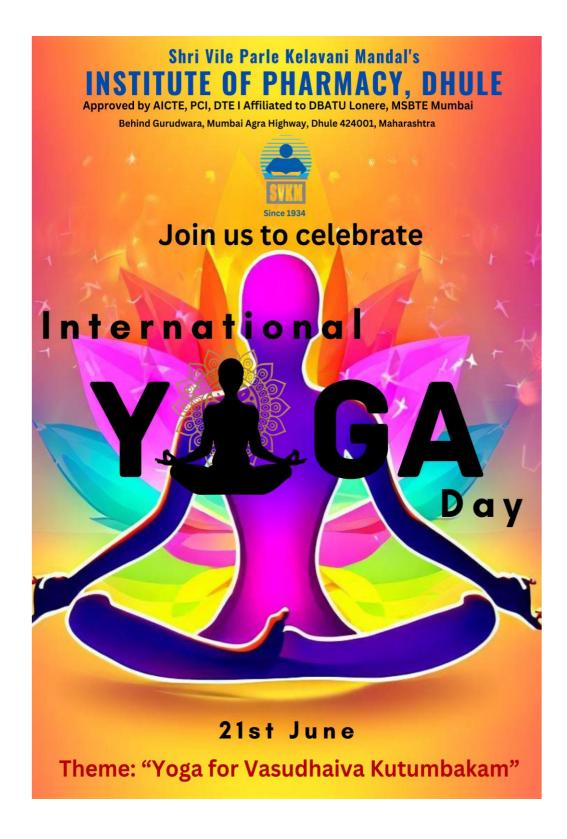
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Flyer:





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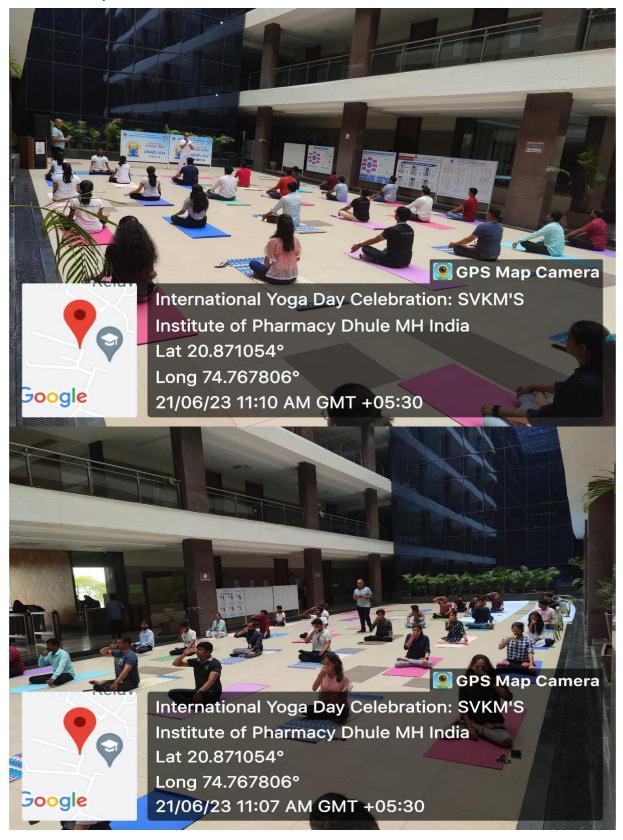
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Event PhotoGraphs:





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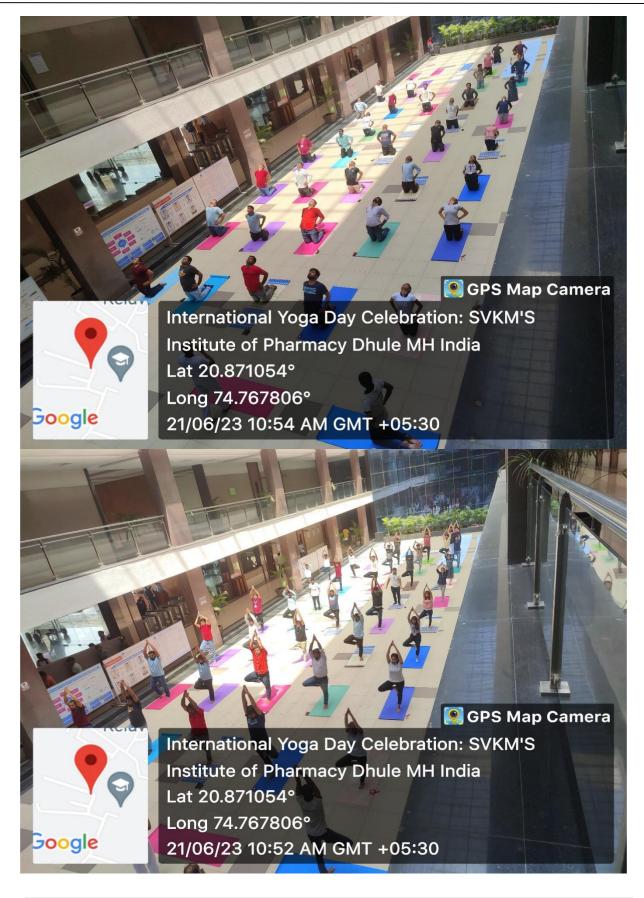
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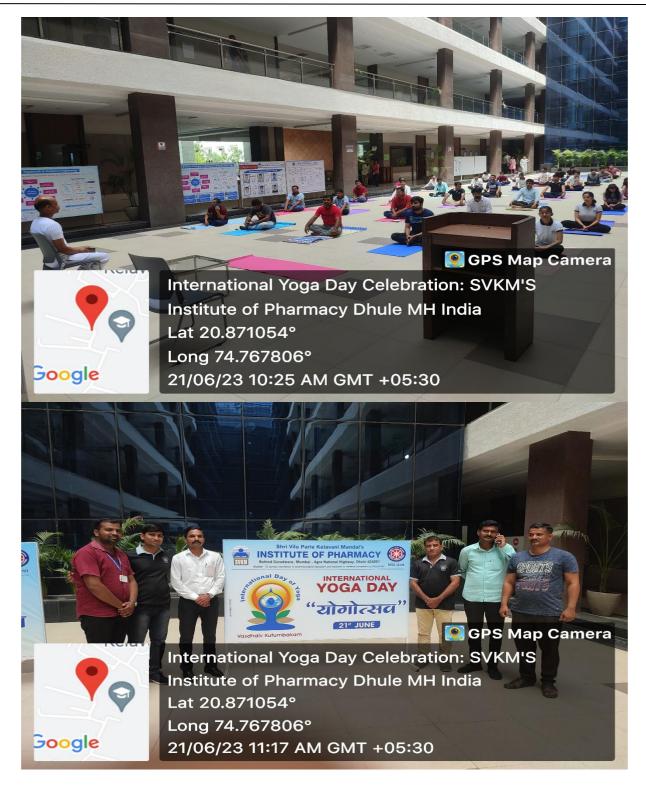
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Faculty Incharge

Dr. Kiran Patil

Principal

Principal

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